



WE ALSO OFFER IN AUGUST THESE

**Practical intensives**

**Aldeaduero - Salamanca - Summer 2015**

Intensives	Dates	Nights
<i>Javier Akerman. Yoga Tibetano</i>	<i>August 3 - 8</i>	<i>5</i>
<i>Narayani. Divya Dristi.</i>	<i>August 3 - 8</i>	<i>5</i>
<i>Ramón Clares. Yoga Iyengar* 1.</i>	<i>August 3 - 8</i>	<i>5</i>
<i>Gema Núñez. Yoga Pilates Art.</i>	<i>August 3 - 8</i>	<i>5</i>
<i>Esther Armero. Ashtanga Vinyasa Yoga.</i>	<i>August 3 - 8</i>	<i>5</i>
<i>Nubia Bastidas. Vinyasa Flow</i>	<i>August 8 - 13</i>	<i>5</i>
<i>Kate Fitzroy. Mindfulness.</i>	<i>August 8 - 13</i>	<i>5</i>
<i>Gema Núñez. Duo Yoga.</i>	<i>August 8 - 13</i>	<i>5</i>
<i>Ramón Clares. Yoga Iyengar* 2 Advanced.</i>	<i>August 8 - 13</i>	<i>5</i>
<i>John Claxton. The Quest for Clarity.</i>	<i>August 8 - 13</i>	<i>5</i>

\* according to the Yoga Iyengar tradition

AIPYS  
The Sananda International Yoga Teachers Association

**Training in Yoga and Meditation since 1993:**  
For more information: [www.yogacenter.es](http://www.yogacenter.es)



RESERVATION FORM

INTELLIGENT VACATIONS

**Hotel Mondariz Balneario\*\*\*\***

**July 2015**

X	Intensives	Dates	Nights
<input type="checkbox"/>	<i>Mindfulness Retreat</i>	<i>July 15 - 24</i>	<i>9</i>

**CONDITIONS**

**Conditions of Accommodation and Board:**

These services are optional, clients can choose according to their convenience. However, the client who decides to make use of the room and board that we offer must conform to basic standards of conduct, living and hygiene. The Yoga Center S.L. does not directly or indirectly provide the accommodation and food services; Nor has it been contracted or outsourced. The responsibility for any cause that may arise from the provision of these services falls on the subjects or the company that provided the services.

**Cancellation Policy:**

The payment is non-refundable if cancellation is made one week or less before the start of the program. Enrolment in these programs (intensives or courses) implies acceptance of the following cancellation policy demanded by the specified hotel establishment. If the cancellation is made up to 21 days before the starting date of the program, the amount paid minus € 50, by way of cancellation of the booking will be refunded. If the cancellation occurs between 20 and 8 days before the start date of the program, 40% of the payment made will be refunded. There will be no refund if you cancel within 7 days before the start of the program.

Enrolment in these the above program(s) implies acceptance of the above described cancellation policy demanded by the specified hotel establishment.

## Personal Information

**Full Name:**

**Address:**

**Postal Code:**

**City:**

**Province or State:**

**Home Telephone:**

**Mobile:**

**e-mail**

**Date of birth**

**Profession:**

**How long have you practiced Yoga and/or meditation?**

**What styles or forms?**

**Do you have any physical limitations?**

Your reservation will be effective on payment of fees.  
The amounts can be paid by cash, money order, credit card or bank transfer (plus postage) to:

Yoga Center, S.L. - Serrano, 6 - bajo 4 - 28001 Madrid  
Account number: ES06 2100 1417 1602 0028 3014

I accept the above conditions and prices. This form must be sent duly signed.

Signed

In ..... on.....Of..... of .....

Yoga Center S.L., reserves the right to cancel any of the programs, in the case of not having a minimum of participants to assure an effective activity.

## Mindfulness Retreat

Individual Room  
Program 9 nights

Double Room  
Program 9 nights

☐ 3.500 €

after June 14th

☐ 2.600 €

☐ 3.150 €

before June 14th

☐ 2.250 €

**Note;**

These prices include the stay at Hotel Balneario de Mondariz \*\*\*\* with full American Plan (AP), access to the Water Palace and Celtic Spa, WIFI, Mondariz Sport Club & Spa, outdoor pools, Mondariz Kids Club .

Children under ☐ 12 years of age € 20 per day with room and board per child (stay + AP).

## How to get to the Hotel\*\*\*\*

Balneario de Mondariz  
Avenida Enrique Peinador, s/n 36890  
Mondariz Balneario (Pontevedra)  
Tel.: (+34) 986 656 156  
Fax: (+34) 986 656 186

repcionbal@balneariodemondariz.com

You can arrive via the motorway "Rias Baixas - A52" (Vigo - Ourense - Benavente), take exit 294 direction Mondariz, continuing along the road PO-254 for 8 km

Geographical coordinates: 42°13'39.69"N 8°27'58.69"W



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